How to book:
Click on the title of the course below. Enter your Username & Password and this will take you straight to the course description and available date/s. Click on the date, enter Origin of Request and SAVE. You will receive two emails confirming the booking.

WOMEN @ READING: JUGGLING EVERYTHING (open to everyone)
Fri 10 June 2016  13.00 – 14.00
It is a difficult challenge to face the pull of different priorities in our lives with family, home, social life and work all demanding our time and attention. How do we balance these things so as to reap as many of the joys and benefits as possible, whilst also managing the pressures and stress of this complicated dance? Professor Ginny Gibson, Deputy Dean of Henley Business School, will share her experience and give us the benefit of her wisdom on how to manage the multiplicity of life’s activities and priorities. Whether you are trying to juggle full or part-time work with children, dependent partners or parents, demanding life in the community, or just trying to enjoy some space, we will have the opportunity to discuss options for doing this and still remaining not only relatively sane, but also fulfilled and valued.

WOMEN IN LEADERSHIP @ READING: CREATING PRESENCE (designed for women in leadership roles)
Wed 29 June 2016  13.00 – 14.30  (Time extended from 14.00)
Do you wonder what people think of you when you walk into a room to teach, make a presentation, or speak in a committee meeting? Would you like to learn the skills of being heard for what you have to say, being taken seriously, communicating an important message? There are real skills that we can learn to support us to have impact and resilience to make our mark. Sarah Snape, Executive Coach and Development expert will help us to learn how each of us can develop strategies for improving our impact in existing and new environments, so that our work is better communicated, received and understood and so that we, as individuals are given more credibility and notability.