## The Child Development Group



## The Child Development Group Newsletter

An Insight into the ongoing research // Autumn 2022

November 2022

We hope you and your families are safe and well this fall!

Thank you so much for all your help with our research this year!

If you are interested in getting involved with more studies, please see below for what we have going on:

## A Previous Study: Sensory reactivity, child temperament and fussy eating - Rendall et al. 2021

Food fussiness can mean refusing to eat unfamiliar or familiar foods, and can lead to poor diet as well as stress for the whole family. In this study 79 mother & preschool child pairs took part. Sensory reactivity (e.g. how children perceive the world around them), child temperament (the tendency to get upset easily) and food fussiness were measured.



The way children perceive and react to taste, touch and smell was more important than temperament in explaining differences in food fussiness. Future research could focus on exploring effective feeding approaches for fussy eaters with high sensory reactivity and more emotional temperaments.



## The See & Eat vegetable study!

We are looking for parents/carers and their **children aged 2-4 years** to explore how we can help children **eat more vegetables!** (Ethical approval reference: 2022-083-CHP)

We know our vegetable ebooks can help, but we are keen to find out a bit more about how parents use them and what works best.

Interested? Scan this QR code:



Or email us at seeandeat@reading.ac.uk



We are looking for autistic children aged 2-12.

The study will involve a game for the children in which they will play with a variety of toys; and a caregiver questionnaire and interview, with the questions concerning sensory reactivity, daily living, and language skills.

To get involved or find out more please email <u>k.e.v.gillan@student.reading.ac.uk</u> or n.bhawon@student.reading.ac.uk.

Someone is trying to Wave at you! Can You spot the 7 hands round the page? Please let us know if you no longer want to be part of the child development group database (email: k.dewilde@reading.ac.uk)



Use this code to sign up for our Child Development Database!

Have a wonderful Autumn -

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