



CONTENTS OF FIRST AID BOXES

The following contents lists are the minimum requirements. Sufficient quantities should be available for the particular circumstances of the area or department.

1 MAIN FIRST AID BOXES

<u>Item</u>	<u>Number</u>
Contents list	1
Guidance card	1
Individually wrapped assorted sterile adhesive dressings	20
Sterile eye pads	2
Triangular bandages (preferably sterile)	4
Safety pins	6
Medium sterile individually wrapped unmedicated dressings - approx 12 x 12 cm	6
Large sterile individually wrapped, unmedicated dressings - approx 18 x 18 cm	2
Disposable gloves	1 pair

2 TRAVELLING FIRST AID KITS

<u>Item</u>	<u>Number</u>
Contents list	1
Guidance card	1
Individually wrapped assorted sterile adhesive dressings	6
Large sterile individually wrapped, unmedicated dressings - approx 18 x 18 cm	1
Triangular bandage (1 sterile)	2
Individually wrapped moist wipes	2
Safety pins	2
Disposable gloves	1 pair

Please Note

No tablets or medicines, including creams, should be kept in first aid kits.

3 MINIBUS FIRST AID KITS

Legal minimum contents - the vehicle must not be used unless all components are present. (See Section 6.4 of Safety Guide 8)

<u>Item</u>	<u>Number</u>
Contents list	1
Guidance card	1
Antiseptic wipes - foil packed	10
Conforming bandage	1
Triangular bandages (at least 1 sterile)	2
Individually wrapped assorted sterile adhesive dressings	24
Large sterile individually wrapped, unmedicated dressings (not less than 15-20 cm)	3
Sterile eye pads (eg No 16)	2
Safety pins (assorted)	12
Rustless blunt ended scissors	1 pair
Disposable gloves	1 pair

4 ADDITIONAL ITEMS

After assessment, according to the specific needs of the department or area, additional items can be added. These may be kept in the first aid box if there is room, or in another suitably marked container. For example:

- individually wrapped moist wipes may be justified where water is not available;
- blue plasters in food handling areas;
- waterproof plasters for biological and chemical laboratory workers, gardeners, agricultural workers etc;
- resuscitation face shields - for use by trained personnel, ie first aider;
- sterile water - for eye irrigation; and
- blankets for outlying areas, eg farms.

5 FIELD TRIPS

Information about special field trip requirements is available from the University Occupational Health Service (telephone 0118 987 3014).

6 FIRST AID SUPPLIES

For a list of approved suppliers of first aid boxes, kits and replenishment supplies please contact the University Purchasing Department (Telephone extn. 8305 or e-mail purchasing@reading.ac.uk).