FOOD AND NUTRITIONAL SCIENCES
INTERNATIONAL SUMMER SCHOOL 2024

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OUTCOMES

- Gain an overview of food science and nutrition areas
- Get hands-on experience
- Enhance communication and language skills
- Increase awareness of UK education system and study culture
- Experience social and touristic activities
22 JULY
WELCOME AND CAMPUS TOUR

- 9:00–10:30  Registration
- 10:30–11:00  Introduction of the course and degree programme
- 11:00–11:30  Coffee break
- 11:30–12:30  Campus tour
- 12:30–14:30  Lunch
- 14:30–16:30  Library skills and tour of the library
23 JULY
FOOD RESEARCH IN READING

• 9:00–10:00  An introduction to sensory evaluation of foods
• 10:00–11:00  Food research in Reading
• 11:00–11:30  Coffee break
• 11:30–12:30  Induction to pilot plant and tour (pilot plant)
• 12:30–14:30  Lunch
• 14:30–16:30  Ice cream processing (pilot plant)
24 JULY
TRIP TO OXFORD
25 JULY
SENSORY SCIENCE

• 9:00–10:00  Vocabulary development for sensory science
• 10:00–11:00 Sensory evaluation (Sensory Science Centre)
• 11:00–11:30 Coffee break
• 11:30–12:30 Result discussion
• 12:30–14:30 Lunch
• 14:30–16:30 English tuition
26 JULY
STUDY AND LIVING IN UK

- **9:00–10:00**  Introduction of University of Reading
- **10:00–11:00** Study skills for Higher Education
- **10:40–11:00** Coffee break
- **11:00–12:30** Applying for MSc or PhD course in the UK
- **12:30–14:30** Lunch
- **14:30–16:30** English tuition
29 JULY

FOOD RESEARCH AND INDUSTRY

- 9:00–10:00 Food and Gut health
- 10:00–11:00 Food and cardiovascular health
- 11:00–11:30 Coffee break
- 11:30–12:30 NPD Briefing
- 12:30–14:30 Lunch
- 14:30–16:30 Group discussion for NPD
30 JULY
FOOD CHAIN AND HEALTH

- 9:30–11:30  English tuition
- 11:30–14:00 Lunch
- 14:00–17:00 Visit University farm (Arborfield Hall Farm)
31 JULY
VISIT CAMBRIDGE
1 AUG
LABORATORY EXPERIENCE

• 9:00–9:30  Health and safety in the chemistry lab
• 9:30–12:30 Determine the salt content in butter
• 12:30–14:30 Lunch
• 14:30–16:30 The history of Huntley and Palmer Biscuit (Reading Museum)
2 AUG
NEW PRODUCT DEVELOPMENT COMPETITION

10 KEY TRENDS
IN FOOD, NUTRITION & HEALTH 2019

What CAN you do?
CERTIFICATE AND STUDENT CARD
UK STUDY AND LIVING EXPERIENCE
INTERNATIONAL SUMMER SCHOOL IN FOOD STUDIES

• **Duration:** 22 July to 2 Aug 2024 (two weeks)
• **Course Fee:** £1,400
• **Accommodation:** University Hall around £25-30 per night according to the room facility
• **Application deadline:** 10 May 2024
• **Application contact:** q.cheng@reading.ac.uk
• **Travel information:** Reading is 40 minutes away from London Heathrow Airport and 80 minutes from London Gatwick Airport. Reading is only 25 minutes by train from the centre of London
• The course content may be subject to minor changes.