

THRIVE MENTORING

How to – Start your mentoring partnership

You have signed up to the Thrive scheme and you have completed the preparation session.

This resource will give you guidance on how to start your mentoring partnership and next steps.

- Have you attended a Mentee Preparation Session and registered to the Thrive platform?

If not, please contact mentoring@reading.ac.uk to find the next available slot and instructions to register.

- Time to introduce yourself to your mentor – Use the Thrive mentoring platform’s chat function to message your mentor.

It is your responsibility as the student to contact your mentor and start the partnership. You can use our ‘Introduction Message’ template and feel free to send a copy to the Mentoring Team for a check before you send it.

- Has your mentor been in touch?

If you **do not** hear from your mentor after a week, please let the Mentoring Team know so we can contact your mentor.

