

# ESSENTIAL INFORMATION

## Other strategies that may help students with a SpLD including ADHD:

- It will help if you can make sure your study practices are as effective as possible.
- Come to the Study Advice events and seminars to learn how to study more effectively.
- Thinking ahead about ways to manage your time is a good idea. Use the information on managing your time, on the study advice website to work out new strategies and approaches. Or see [LearnHigher](#).
- You should be able to collect a free year planner from your department. Use this to give you an overview of your weekly timetable and of long term deadlines
- You may also be entitled to apply for the Disabled Students' Allowance which may fund further support. The DSA is in the process of change. It is now necessary for your report to state that your dyslexia constitutes a disability under the terms of the Equality Act 2010.
- Current guidance states that from the academic year 2015 onwards, you should still apply for DSA, but the needs assessor may decide, following new guidelines, that you only qualify for university-based support. This is a big change and may affect your decision whether to be reassessed. From 2015, even if you do pay for an updated assessment there is no guarantee the DSA will provide anything extra for you.
- The [Disability Advisory Service](#) can give you more information about support, reasonable adjustments, DSA application and assistive technology.