



EXAMPLE TWO PAGE CV WITH PERSONAL PROFILE
Use this sample CV as a guide to help you structure and write your own.

Andrea McDonald

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Personal profile:

As a high performing psychology finalist with both research and health care experience, I bring with me an excellent set of both quantitative and qualitative research methods and a particular passion for both health and family related challenges.

Education and qualifications

Sept 14 – June 17 University of Reading BSc Hons Psychology (predicted 1st)

- Achieved **74%** in my second year.
- **Research related modules:** Psychological Research, Research Methods and Analysis and a Research Project Module
- **Other relevant modules:** Developmental Psychology, Cognitive Learning, Applied Psychology, Clinical Psychology, Developmental and Social Psychology, Typical and Atypical Development, Contemporary Issues, Public Engagement, Self-Control, Attachment and Offending Behaviour, Forensic Psychology: Managing Offending Behaviour.
- **Research Project:** Examining the relationship between parental control and children's personality. This was a mixed methods research project using online surveys and one to one qualitative interviews. The outcome suggested that there was a correlation between parental internal locus of control and child neuroticism.

Sept 12- June 14 King Edward's VI School and Sixth Form

A-levels: Psychology (A), Biology (B), Mathematics (B)

Research and other related experience

June – Aug 16

University of Reading University Research Opportunities Project (UROP): Cognition and wellbeing before and after a cycling intervention in older adults.

- This placement provides the opportunity for a student to experience a physical exercise intervention being conducted in the School of Psychology and Clinical Language Sciences to investigate the effects of cycling on cognition and wellbeing in older adults (over 50 years old).
- Used semi-structured interviewing alongside an experimental cognitive experiment to ascertain the impact of the intervention. The result was that both cognition and perceptions of wellbeing rose as a result of the intervention.

- This project enabled me to use both quantitative and qualitative techniques and developed my knowledge of SPSS. I also developed my ability to undertake interpretivist interviews. I presented my research with positive feedback, at the student conference.

Sept 14-June 16 Alexandra Moran Care Home, Volunteer

- Worked in a care home with a team of other volunteers alongside the normal care home staff.
- Worked with other volunteers to develop activities to maintain the morale and activity in the elderly in the care home.
- Developed my ability to interact with people of all ages
- My team also worked well together and I often found myself being the one keeping track of decisions made and keeping lists of what needed to be done to run the activities. We invited speakers in, and ran cooking demonstrations. I created activity lists so clients knew what was coming up.
- Received excellent feedback on my team working and organisational skills from the manager of the care home.

July 15 Work Shadowing HM Prison Reading

- Spent three days observing the work of a Prison Officer and also met with the Prison Manager and the Forensic Psychologist to find out more about their work. It opened my eyes to life inside prisons and helped me understand the complexities of this environment.

Employment

Vacations 14-15 Waitrose, Partner (part time)

- Worked at Waitrose both at checkouts and on the Customer Service desk.
- My ability to provide an excellent customer experience was commended, as was my ability to handle difficult customers.
- The store training really boosted my interpersonal and communication skills.

Activities and interests

- Tennis: play doubles at my local club and compete for the University.
- Avidly read The Psychologist. Student member of BPS.

Referees

Personal Tutor
Dr J Vogt
University of Reading

Research Supervisor
Dr J Gardner
University of Reading

Full contact details available on request