



EXAMPLE ONE PAGE CV  
Use this sample CV as a guide to help you structure and write your own.

# Frederick Jones

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## Education & Qualifications

- 2014 - 2017 **University of Reading**  
BSc Biological Sciences (expected result 2:1)
- A flexible degree course; selected a biomolecular emphasis and studied modules in Molecular Genetics, Bacteriology, Virology and Endocrinology
  - Completing a final year research project on '*microRNA-mediated regulation of Hox gene function during development*'
- 2007 - 2014 **St Peter's School and Sixth Form, Guildford**  
A levels: Biology A, Psychology A, Chemistry B, Geography B  
GCSEs: 3 A\*, 7 A, 1 B (including Maths and English)
- Awarded the Headmaster's Award for 'Service to the School'

## Work Experience

- Summer 2016 **Research Assistant, ICMR Laboratories, University of Reading**
- Completed a 2 month research project supervised by Professor Adam Gough on the prevention and treatment of cardiovascular and metabolic disease
  - Developed microbiological techniques allowing for the maintenance and growth of bacterial cultures, DNA and RNA extraction, and spectrophotometry
  - Delivered a 30 minute presentation of research findings to 25 departmental colleagues
- July 2015 **Lab Assistant, Lilly Research and Development, Windlesham**
- Collaboratively worked on drug design research project
  - Observed cell culture techniques and documented laboratory results accurately
- Summer 2014 **Part-time General Assistant, Greggs Bakery, Guildford**
- Communicated professionally with the general public and other staff, attended weekly meetings to discuss production and rotas
  - Devised a new online rota system, so employees could view their weekly shifts from home. Awarded Amazon vouchers from regional manager for the idea

## Positions of Responsibility

- 2014 – 2015 **Vice President, University of Reading RAG Society**
- Coordinated fundraising events around the university which raised £125,000 for various good causes during the academic year

## Additional Skills

**IT Skills:** Proficient in use of Microsoft Office applications (including Access), good C++ programming, basic MATLAB skills

**Language Skills:** Conversational French, basic Spanish

## Interests & Activities

**Music:** Grade 8 clarinet. Member of University of Reading Symphony Orchestra and Clarinet Choir

**Travel:** Orchestra tours of European cities each summer – Barcelona, Paris and Prague

**Sport:** Member of college 2<sup>nd</sup> team at football. Competed in the Royal Berkshire 10km in May 2016

## Referees available on request