



## THRIVE MENTORING

## **Chat Message – Introduction to Mentor**

Please, note that if you wish to email your mentor, you should include a question in the intro message, asking them for their contact email address.

## **Steps:**

- 1. Sign in to the Thrive platform.
- 2. Go to the envelope symbol on the right-hand corner (highlighted yellow below).
- 3. Choose the mentor you want to message.
- 4. Click on the icon "Message".



5. Message them using the template on the next page.

Go to next page to use the template.





## Chat message template:

Dear [mentor's name],

Thank you for accepting my matching request.

[Introduce yourself, your name, year group, course etc].

I have chosen you as my mentor because [---]

Throughout the scheme I would like to [----]. I also had a few initial questions for you about [----].

I appreciate you giving up your time to mentor me and I am appreciative of this opportunity.

When would work best for you for our first meeting?

I look forward to your reply and to the beginning of our mentoring partnership!

Best wishes,

[----]

