

Individual learner profile - Part 1

This confidence rating questionnaire has been designed to assist you, as a new student, to identify the skills and knowledge that will help you to successfully complete your Part 1 studies. It is not a test and there are no right or wrong answers.

Simply answer the questions below. Be honest and use your instincts; try not to think about any particular question for too long. Only you can see your answers unless you later decide to share them with others.

Complete this form on your computer and then copy and paste the content into the Blank item template in your iLearn Portfolio (or upload a completed Word version to Blackboard using the Advanced Portfolio Guide). Name the blank template 'Part 1 ILP'. (See the relevant How to Guide on how to do this if needed). Alternatively use the online version that you can access once you have created an iLearn portfolio and welcome page.

Name: _____

Personal Tutor: _____

Place a tick in the circle which most accurately describes how you feel

Verbal communication	Always	Mostly	Sometimes	Never
Are you confident about talking to people you don't know?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you join in class or group discussions?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If you don't understand something, do you ask questions?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you feel comfortable giving a talk or presentation to a group?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you find it easy to explain what you mean? (find the right words)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Need some help? Explore the [spoken communication](#) page on SOAR

Basic academic skills	Always	Mostly	Sometimes	Never
Are you confident about your reading skills?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are you confident about using a dictionary/thesaurus?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are you confident about your spelling?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are you confident about your use of punctuation and grammar?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Can you listen and concentrate for long periods (EG in a lecture?)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are you confident about taking notes in lectures?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Need some help? Explore the [learning skills](#) page on SOAR

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Higher academic skills	Always	Mostly	Sometimes	Never
Are you able to judge the reliability of the information you read?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Can you find the key ideas easily when reading a text?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Can you put information into your own words without copying large sections?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Higher academic skills	Always	Mostly	Sometimes	Never
Can you express ideas clearly in your writing, using appropriate vocabulary?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are you confident about writing academic essays or reports?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are you confident about finding printed books and journals in an academic library?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you feel confident about being able to write academic references for a reference list or bibliography?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are you confident that you know what plagiarism is and how to avoid it?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are you confident about preparing for and sitting an academic exam?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Need some help? Explore the [written communication](#) page on SOAR

Time management	Always	Mostly	Sometimes	Never
Do you consider yourself to be well organised?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you consider yourself to be self-motivated?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you work to deadlines and hand work in on time?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you know when you study best? (EG morning or evening)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you use a diary or timetable to help you plan your work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you leave time to check/proof read your work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Need some help? Explore the [managing your studies](#) page on SOAR

Numeracy skills	Always	Mostly	Sometimes	Never
Are you confident working with:				
Decimals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Percentages	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ratios	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Graphs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Averages	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Statistics	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Need some help? Explore the [numeracy](#) page on SOAR

IT skills	Always	Mostly	Sometimes	Never
Are you confident about using computers for:				
Word processing (eg. Word)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Email	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Spreadsheets (eg. Excel)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Databases (eg. Access)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Presentations (eg. Powerpoint)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Searching for information on the internet	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using library catalogues and databases	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using electronic journals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Need some help? Explore the [use of IT page](#) on SOAR

Further details	Action to take
Do you have a disability, special need or medical condition that might affect your study?	If you have answered 'yes' to any questions, ensure that your Personal Tutor and the Disability Advisor have been notified.
Is English your second or other language and you feel you need help with your English?	If you are an international student you may wish to see the international study advisor.

Links to the Disability Advisor and the International Study Advisor are in [SOAR](#).

About you and your programme

Have you any concerns about any other aspects of your life that may affect your studies?

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Explain briefly why you have chosen your programme

What you should do next

- Complete this form in your iLearn Portfolio.
- Review your answers.
- If you wish to, share your portfolio (with at least the ILP completed) with your Personal Tutor.

THEN

- Visit the [SOAR](#) website to find out how you can build upon your existing skills and develop new skills. [[SOAR](#) includes information and links to workshop details as well as study guides, quick skills tips and resources and people that can help you.]
- Prepare a summary of what you have identified to follow based on your ILP and the suggested resources in [SOAR](#) to discuss at your next meeting with your Personal Tutor so that you can set yourself some goals for the future.

If you are unsure who your Personal Tutor is, please talk to your Senior Tutor or someone in your Faculty Office.

- If you have any feedback on the ILP, please email ilearn@reading.ac.uk