Working with Traumatised Military Veterans

Introduction: Specialist NHS services for Veterans have been commissioned for 5 years now, prior to this Veterans were treated in mainstream NHS services or by Service Charities. Veterans are a unique client group due to the training they receive, the nature of their job and the situations they are exposed to. This workshop aims to equip delegates with the theoretical knowledge and clinical skills required to work with traumatised Military Veterans.

Content

By considering Armed Forces culture, operational deployments, military training and transition, the workshop aims to develop your understanding of the experience of being in the Armed Forces and how this may impact clinical presentation. The workshop reflects on the complexity of clinical presentations and supports attendees in developing their assessment and formulation skills when working with Veterans, as well as how to adapt evidence-based treatment for complex PTSD presentations. Teaching will focus on skills development using a combination of didactic teaching, group discussions, small group discussions, video clips and experiential learning.

Learning objectives:

1. To develop your understanding of the experience of being in the Armed Forces and how this may impact clinical presentation.

2. To reflect on Assessment and Formulation skills.
Dr Mark Bruce
Dr Adele Stevens
Veterans Complex Treatment Service

Friday 21st of September 2018
Venue: Local to Reading

3. To develop your knowledge of relevant psychological theory and how this applies to aspects of PTSD presentations commonly seen in the Veteran population.

4. To build your knowledge and clinical ‘toolkit’ so you are better equipped to deal with tricky aspects of military PTSD presentations.

Training modalities
Teaching will focus on skills development using a combination of didactic teaching, group discussions, small group discussions, video clips and experiential learning.

About the presenters:

Dr. Adele Stevens is the Lead Clinical Psychologist at the Veterans Complex Treatment Service. She has worked in the field of trauma for a number of years, at the Woodfield Trauma Service in London, the Berkshire Traumatic Stress Service, and Combat Stress, the Veterans Mental Health Charity.

Dr. Mark Bruce is a Counselling Psychologist at the Veterans Complex Treatment Service. He has worked in Specialist NHS Veterans Services since their inception 5 years ago. He is particularly interested in hypervigilance and ‘moral injury’.

Cost of 1-day workshop: £130 including lunch

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All workshops, unless otherwise indicated are intended for a cross/mixed ability audience, and are held local to Reading.