MEAL PLANS
2018/19
An easy way to eat on campus
What are Meal Plans?

Meal Plans are available to any full-time student and give you peace of mind in terms of not having to budget for food or worry about shopping or cooking, allowing you to focus on University Life. They can be purchased by either yourself or on your behalf, for example, by a Parent or Guardian.

Meal Plans allow us to plan ahead so we are able to offer discounts to Meal Plan subscribers, all of which are applied at the till:

35% off Park Eat, Wantage and St. Patricks so your allowance lasts longer if you use it in these areas.

5% off food Great offers at the following food outlets - the Dairy, Eat at the Square, Park Bar, URS, Agriculture, Eat at the Square, SportsPark, Architecture, Park Eat Late Night Food and Express Cafes in Hall Areas.

15% off hot drinks

A Meal Plan week begins on Saturday and credit is loaded to your campus card in the early hours ready for Breakfast and to encourage everyone to eat regularly you need to have spent it by the Midnight on the following Friday. To help you spend any remaining balance at the end of the week, you can pay any shortfall at the till with a debit card and still receive your discounts.

How much are Meal Plans?

**Chilli** £67.32 per week

This Meal Plan is our most extensive and can cover up to 21 meals per week depending on how you choose to spend your credit. Take a look at our guide on page 6 on how you could spend your credit over a week.

**Lime** £37.03 per week

This Meal Plan is specifically designed for those in Self-Catered Halls or private housing and covers around 7 hot meals a week, again depending on how you choose to spend your credit.

Meal Plan Tariff

FREE Sustain It Bottle with any Meal Plan purchased All Year or a FREE Sustain It Cup with any Autumn Term Meal Plan.

<table>
<thead>
<tr>
<th>Meal Plan</th>
<th>Weekly cost</th>
<th>Autumn Term (12 weeks)</th>
<th>Spring Term (11 weeks)</th>
<th>Summer Term (8 weeks)</th>
<th>All Year (31 weeks)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chilli</td>
<td>£67.32</td>
<td>£807.84</td>
<td>£740.52</td>
<td>£638.56</td>
<td>£2,086.92</td>
</tr>
<tr>
<td>Lime</td>
<td>£37.03</td>
<td>£444.36</td>
<td>£407.33</td>
<td>£296.24</td>
<td>£1,147.93</td>
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</table>

How do I get a Meal Plan?

**Catered Halls** – You will automatically be subscribed to a Chilli Meal Plan if you are allocated a Catered Room in Hall. Your Meal Plan will be billed via your Accommodation Invoice and you do not need to take any further action.

**All Other Students** – Meal Plans are sold either by the term or for the Academic Year (31 weeks)

If you are interested in a Meal Plan please visit [www.reading.ac.uk/mealplans](http://www.reading.ac.uk/mealplans) and follow the links for Meal Plans. We will send you a link to the payment portal, once you have been allocated a room. Payment is via credit or debit card.

Places are limited and if demand exceeds the number of places we will prioritise those who have asked for a full year package (either Chilli or Lime packages) and then operate a first come first served basis to allocate any remaining places. Please note once a Meal Plan has begun it cannot be refunded.

*St. Patrick’s Redevelopment Scheme is currently in the planning stages – please check online for availability of Catering and Rooms in this area. Express Cafes are a planned service improvement.*
**Hall Outlets**

**35% off Meals**

**Wantage Hall, Upper Redlands Road**
Monday to Friday 8am to 8pm. Closed Easter Monday.
Wantage is our most beautiful dining room in a stunning building built by Lady Wantage in 1908 in memory of her husband and the first purpose built Hall of Residence in England. Offering a grill bar, traditional counter as well as salad and ice cream stations, Wantage is a firm favourite.

**St. Patrick’s Hall, Northcourt Avenue**
Monday to Friday 8am to 8pm. Closed Easter Monday.
St. Patrick's as known as Eat at Northcourt offers a full dining service. Please note we are also in the process of rebuilding St. Patrick’s Hall so it may be unavailable in the 2018/19 Academic Year.

**Park Eat, Park Place Whiteknights**
Monday to Sunday 8am to 1am. Late Night Food finishes at 11pm on quieter evenings.
Park Eat is the epi-centre of the University’s social scene offering three distinct food counters from a baguette bar to a grill counter along with two Freestyle Machines and the ever popular Park Bar.

**Other Outlets**

**15% off hot drinks and 5% off everything else**

**Express Cafes**
These ‘outlets within an outlet’ are within the Hall outlets and offer a range of retail items such as pre-packed sandwiches and crisps as a grab and go option. Express Cafes are currently be rolled out.

**The Dairy, Building 14 London Road Campus**
Monday to Friday 8.30am to Midnight, Saturday, Sunday and Bank Holidays – Midday to Midnight. Last hot food orders 9pm.
The Dairy is a vibrant bar outlet serving a full bar menu seven days a week with regular Live Music events, Multiscreen Sky and BT Sports, Pool Tables

**Architecture Café, Building 46 London Road Campus**
Monday to Friday 8.30am to 3.30pm. Closed Bank Holidays.
This café offers a range of light bites and amazing hand crafted coffees, the perfect place for a coffee and catch up with friends.

**Eat at the Square, Central Whiteknights Campus**
Monday to Friday 7.30am to 3pm. Closed Bank Holidays.
A great burrito bar, Wok Station, Grumpy Mule Coffee as well as traditional food counters make this a popular outlet.

**SportsPark Café, Shinfield Road Entrance, Whiteknights Campus**
Monday to Friday 8.30am to 8pm. Saturday and Sunday 10am to 5pm.
Situated in the entrance to the SportsPark, this café is the home of Starbucks Coffee on campus as well as being home to a Freestyle machine.

**Agriculture Café, Earley Gate Whiteknights Campus**
Monday to Friday 8.30am to 4pm. Closed Bank Holidays.

**URS, Central Whiteknights Campus**
Monday to Friday 8.30am to 9pm. Saturday and Sunday 11pm to 4pm.

**Library Café, Central Whiteknights Campus**
Monday to Friday 8.30am to 9pm. Saturday and Sunday 11pm to 4pm.
**How you could spend your weekly credit**

<table>
<thead>
<tr>
<th>Credit Loaded (+£67.32)</th>
<th>£67.32 per week</th>
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<tbody>
<tr>
<td><strong>Cost of item including discount</strong></td>
<td><strong>Remaining Balance after transaction</strong></td>
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</tbody>
</table>

| **Saturday** | **Breakfast** | Cereal with fruit plus juice | -£1.55 | £65.77 |
|             | **Coffee**   | Starbucks Latte              | -£2.58 | £63.39 |
|             | **Lunch**    | Chorizo and Rocket Baguette  | -£1.95 | £61.44 |
|             | **Dinner**   | Main Meal - Italian plus drink | -£5.25 | £56.19 |

| **Sunday**    | **Breakfast** | Yogurt Pot with fruit + Coffee | -£2.07 | £54.12 |
|               | **Lunch**     | Salad plus bottle of water    | -£1.87 | £52.25 |
|               | **Dinner**    | Main Meal plus a drink - Lebanese | -£5.25 | £47.00 |

| **Monday**    | **Breakfast** | Cooked Breakfast              | -£1.63 | £45.37 |
|               | **Lunch**     | Pasta Bar                     | -£3.75 | £41.62 |
|               | **Dinner**    | Out in Town                   | -£0.00 | £41.62 |

| **Tuesday**   | **Breakfast** | Cereal with fruit             | -£0.55 | £41.07 |
|               | **Coffee**    | Coffee and tray bake         | -£1.83 | £39.24 |
|               | **Lunch**     | Panini, Crisps and Fruit     | -£3.25 | £35.99 |
|               | **Dinner**    | Main Meal plus a drink - Lebanese | -£5.25 | £30.74 |

| **Wednesday** | **Breakfast** | Yogurt with fruit plus coffee | -£2.07 | £28.67 |
|               | **Coffee**    | Baguette                     | -£1.95 | £26.72 |
|               | **Lunch**     | Coffee and Cake              | -£2.30 | £24.42 |
|               | **Dinner**    | Stir fry                     | -£5.25 | £19.17 |

| **Thursday**  | **Breakfast** | Cooked Breakfast plus juice  | -£2.63 | £16.54 |
|               | **Lunch**     | Sandwich                     | -£2.20 | £14.34 |
|               | **Dinner**    | Grilled Chicken Burger plus drink | -£5.25 | £9.09 |

| **Friday**    | **Breakfast** | Yogurt with fruit plus coffee | -£2.07 | £7.02 |
|               | **Lunch**     | Salad                        | -£1.07 | £5.95  |
|               | **Dinner**    | Pizza                        | -£5.95 | Balance Zero |

Prices correct 2nd November 2017

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**2018-2019 Calendar**

**Autumn Term**
- **Tuesday 18 September** – Last day to sign up to Full Academic Year and Autumn Term Meal Plans
- **Saturday 22 September** – Meal Plans begin
- **Monday 24 September** – Term Starts
- **Friday 14 December** – Term and Meal Plans end

**Spring Term**
- **Tuesday 8 January** – Last day to sign up to Spring Term Meal Plans
- **Saturday 12 January** – Meal Plans begin
- **Monday 14 January** – Term Starts
- **Friday 29 March** – Term and Meal Plans end

**Summer Term**
- **Tuesday 16 April** – Last day to sign up to Summer Term Meal Plans
- **Saturday 20 April** – Meal Plans begin
- **Sunday 21 April** – Easter Sunday
- **Monday 22 April** – Easter Monday
- **Tuesday 23 April** – Term Starts
- **Monday 6 May** – May Day Bank Holiday
- **Monday 27 May** – Whitsun Bank Holiday
- **Friday 14 June** – Term and Meal Plans end
Eating on Campus

You can use your catering card at any of the facilities on this map, including the facilities on London Road campus.
Special Diets

We can cater for the majority of special diets avoiding certain allergens, or those for religious, preference or medical reasons however there are some instances where we are unable to. Please contact us before committing to a Catered Hall or a Meal Plan. All our outlets have full Allergen information at the point of sale.

Sustainability

We are committed to operating in a sustainable manner and as part of the University we are playing our part in creating a more sustainable campus. Here are a few things we are currently doing:

- All Food Waste is sent to a digester for conversion into power and compost
- Recycling systems in place across our outlets and kitchens
- All fish products are MSC certified
- Freestyle Machines offering 160 different soft drinks for use with our Sustain It bottles to allow us to reduce the number of single use plastic bottles being sold on campus
- Trayless Dining offered to conserve water and energy involved in washing thousands of trays per day
- Fairtrade Coffee and Tea across all outlets
- Smart Buildings including Park Eat which uses air source heat pumps to heat the building
- Free range eggs at all outlets
- Reducing plastic straws

Sustain It Bottle

We have a network of eight Coca-Cola Freestyle machines and growing across campus that is allowing us to reduce plastic bottles and cans of soft drinks from across our outlets, as well as cutting down the number of deliveries made to us. Freestyle machines are able to make over 160 different drinks, the majority of which are low or no calorie, from Coke Zero to Iced Tea, Fanta Zero to Squash! Certain Meal Plans come with a free bottle or cup with two drinks already on it to get you started.

Each bottle or cup has a chip within its base so the Freestyle machine automatically recognises it so all you need to do is buy either a Term-time plan or a Add Ten refills pack for your bottle or cup.
MEAL PLANS 2018/19

For more information, please contact:

Meal Plans Team
University of Reading
Whiteknights
Reading RG6 6AQ
United Kingdom
mealplans@reading.ac.uk
Tel (0118) 378 8939
www.reading.ac.uk/mealplans