

CERTIFICATE IN OBESITY MANAGEMENT

COURSE INFORMATION

The course can be studied at degree or masters level and will lead to a 20-credit module certificate. Credits may be used to contribute to other degree-level studies.

CONTACT DETAILS

Further information

Marina Sims, Course Secretary

cippet@reading.ac.uk

www.reading.ac.uk/cippet/certobesity

A four-day practical course for health care professionals delivered by the Centre for Inter-Professional Postgraduate Education and Training (CIPPET).

The course focuses on the development of knowledge and skills to enable students on completion of the course to be able to set up and deliver an effective weight management service for adults.

The Certificate in Obesity Management will cover the following aspects of obesity assessment and management:

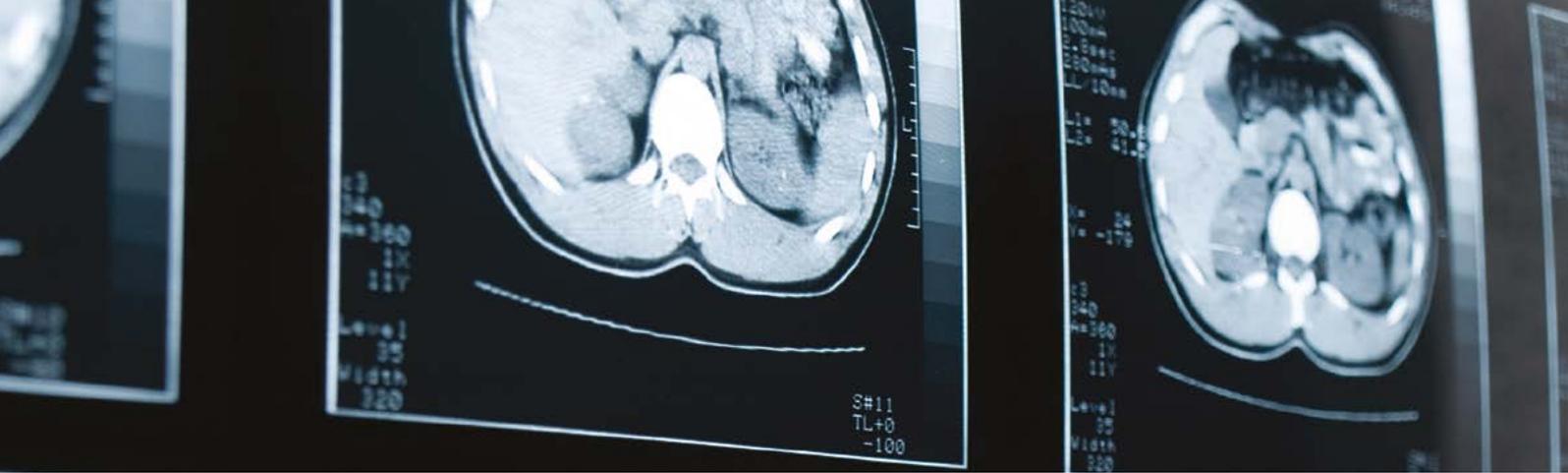
- the management of obesity and prevention of obesity-related co-morbidities
- patient assessment
- dietary interventions
- promoting physical and 'everyday' activity
- motivational interviewing and behaviour change consultation
- the role of pharmacotherapy and bariatric surgery

Who is it aimed at?

Any healthcare professional with an interest in obesity management who wishes to develop weight management services and who is able to study at degree or masters level. This includes:

- dietitians
- doctors
- nurses
- pharmacists
- physiotherapists





What are the benefits of attending?

On completion of the course participants will have:

- a thorough grounding in all aspects of obesity management
- developed the skills to facilitate the delivery of appropriate services for patients
- participated in learning opportunities with local, national and international experts
- undertaken a practice-based project in their work area

Who delivers the course?

The programme has been developed by local clinicians and is being delivered by local and national experts in the field of obesity management.

How is the course assessed?

The course will be assessed by a portfolio approach. You will be required to collect evidence of achievement of key learning outcomes through completion of online assessments, logs of learning and demonstration of the application of learning in practice. Your portfolio must be submitted within three months of the end of the course.

Course dates

The course will be held over four days in the Autumn term: Friday/Saturday, 9/10 October and 6/7 November, 2015. After those face-to-face sessions participants will be supported to develop their portfolio for assessment. This must be submitted by 18 March, 2016.

CERTIFICATE IN OBESITY MANAGEMENT

i For more information, please contact:

Centre for Inter-Professional Postgraduate Education & Training (CIPPET)

School of Pharmacy
University of Reading
PO Box 226
Whiteknights
Reading RG6 6AP

cippet@reading.ac.uk
Tel (0118) 378 4636

f /theuniversityofreading
t @UniofReading

www.reading.ac.uk/cippet/certobesity

Who funds the course?

Development of the course was supported by the Government Office of the South East (GOSE) and the South Central Strategic Health Authority (SCSHA), now part of NHS South of England (Central). There is a fee for attendance on the course. Currently the fees are £600 for NHS or local government applicants and £800 for applicants from private providers.

Am I a suitable applicant?

In order to apply for the course, you will need to be employed in a role where you will have the opportunity to put course learning into practice. This means that you will need:

- support from your manager to undertake the course and apply your learning in practice
- some ideas on how you would like to develop your current weight management services
- access to a computer and the internet

How do I apply?

- 1 Gain agreement and support from your manager.
- 2 Confirm that there are appropriate resources to support the course fee.
- 3 Complete the University postgraduate application form and submit evidence to indicate how you would apply your learning in practice. The application form is available on the course website www.reading.ac.uk/cippet/certobesity or by email from cippet@reading.ac.uk
- 4 The Certificate course builds on the free, four week, open online course, Obesity: Causes and Consequences, which starts on the 5th October 2015. www.futurelearn.com/courses/obesity. We suggest you register on that to complement your learning.

FutureLearn
Partners

NHS
South of England

change
4 life
Eat well Move more Live longer